



Transition Time

Your journey to our school:

As a school, we encourage all students who are able, **to walk, wheel, scoot or cycle to school (active travel)**. This can be for all, or part of their journey.

Travelling actively has numerous benefits for their health and wellbeing. It also benefits our wider community and helps the school's efforts to promote young people's travel skills, independence and sustainability.



myjourneyhampshire.com/hampshire-transition

Some of the benefits of active travel:



Healthy bodies



Healthy minds



Skills and
independence



Improved air
quality



Time for conversation
with friends

“I feel free when riding my bike to school.”

“I enjoy walking to school with my brothers after drop off at the car park.”

“There is less pollution when we do not drive.”

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Park and Stride:

We appreciate it is not always possible to travel actively everyday and sometimes a car is needed.

We encourage families to **Park and Stride**, to allow students to feel the benefits of an active stage in their journey.

A 5-10 minute walk from the car to school can have a huge positive impact!



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Park responsibly:

Parking outside schools can cause:

- Health issues from increased air pollution
- Road safety risks
- Difficulties for local residents

We kindly ask parents and carers not to park:

- On the 'School Keep Clear' zig zags
- Opposite or within 10m (approx. 33 feet) of a junction
- Near crossing points to allow those walking and wheeling better visibility
- On pavements or verges, unless signposted otherwise
- Across driveways and other vehicle access points
- At bus stops or designated bus bays



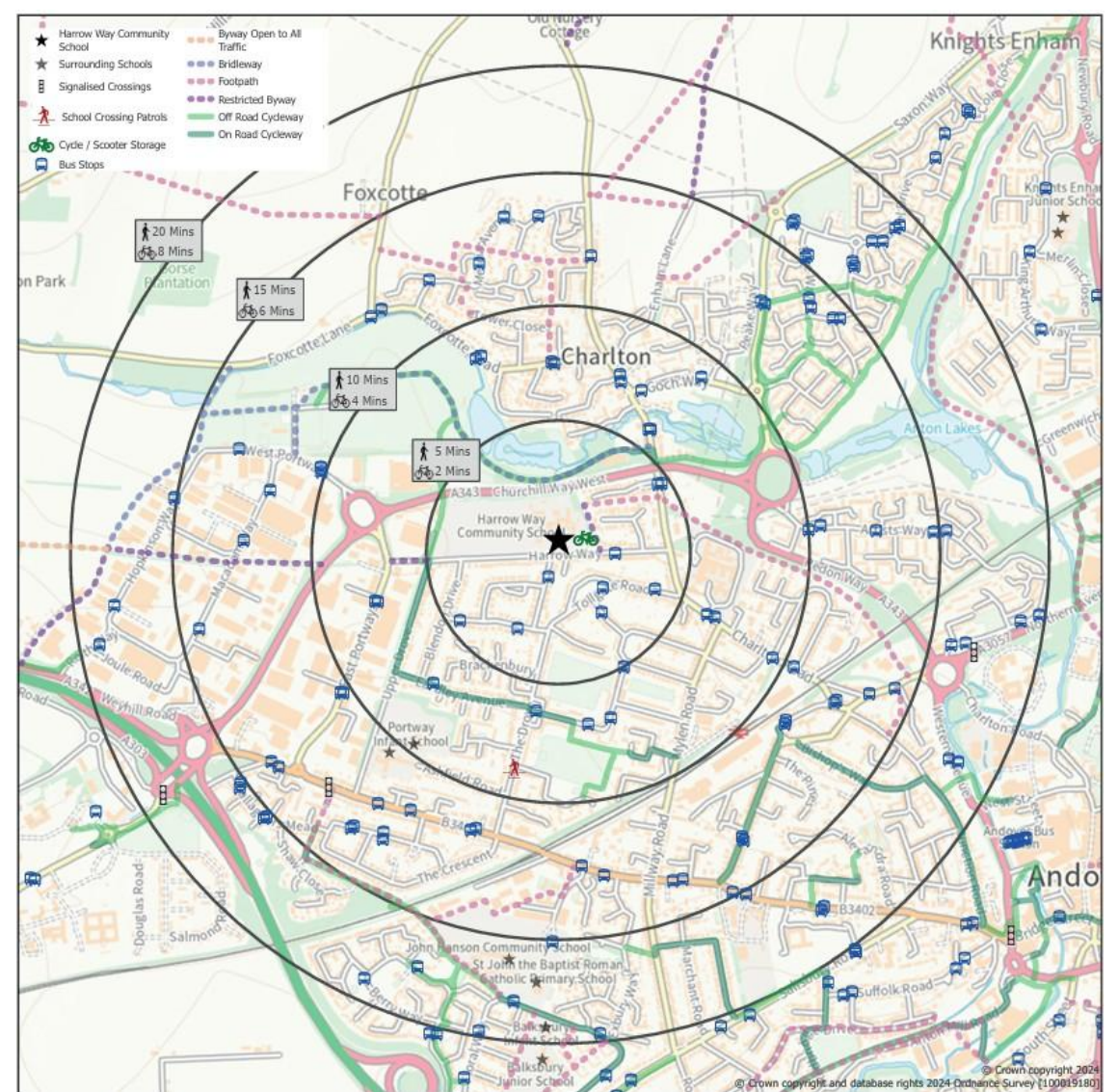
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Just the Journey Map:

Our school's [Just the Journey map](#) has been developed to assist new Year 7 pupils to plan their new, independent journey to secondary school.

It includes information on walking zones, crossings, public transport links and local travel routes.

You can view the journey [map here](#).



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Further support:

There is further information, guidance and resources available, exploring active and sustainable travel, on the [My Journey Hampshire](https://myjourneyhampshire.com) website.

Parents: myjourneyhampshire.com/parents

Some examples include:

- Further information on Transition Time, with information leaflets and booklets
- The road safety transition newsletter
- Cycling skills and bike maintenance videos



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We hope you enjoy your new
journey