



# Simon Says Newsletter



Child Bereavement Support

Spring 2026



Dear Readers,

## A Note from Chandra

Welcome to the first Simon Says newsletter in our 25<sup>th</sup> anniversary year. Many of you will already know that when Sally's husband, Simon, died 25 years ago she found there was no support for her young boys. 25 years on, her determination and vision to ensure that this would not happen to other families in Hampshire have given us the wonderful charity that Simon Says is today. Throughout 2026, Simon Says will host key events, designed to raise awareness, engage our community and generate vital funds to sustain our services. We hope you will support us in this important year.

## Simon Says Hero Film



For 25 years, Simon Says has been supporting Children to grow around their grief with hope in Hampshire. Our Hero film shares the journeys of six Simon Says children and how the Charity has supported them.

Click the link above or [visit our website](#) to watch it.

## What is coming up...

We very much look forward to sharing our memories of the last 25 years with you over the course of this year at a variety of events. A Residential Weekend at Fairthorne Manor; a Dads and Lads Rugby match (all welcome – bring your friends) and a conference for professionals in November.

We also hope you will consider supporting us by getting involved in small ways to spread the word about what we do, and maybe even consider a small fundraising challenge.

**Keep reading to find out how you can get involved!**





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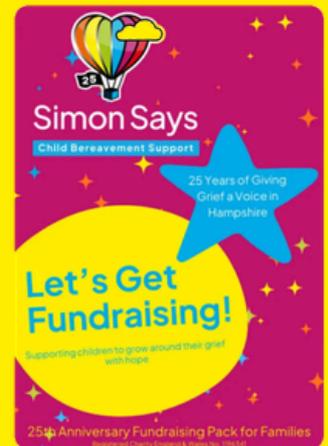
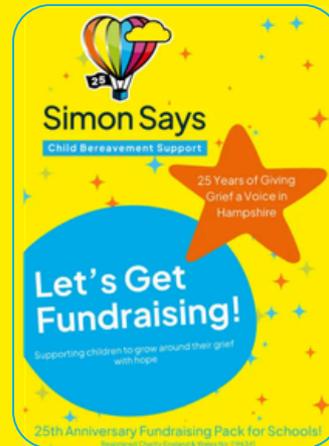
## Get Involved – Fun Ideas for everyone!

For a quarter of a century, we've been giving grief a voice, helping children understand their feelings, supporting families to rebuild their lives, and guiding professionals to respond with confidence and compassion.

This anniversary year is a chance to honour that legacy, raise awareness of our mission, and build a sustainable future for the next generation and we'd love for you to get involved!

This is an opportunity to "give back" and know that you are supporting the 235 new families that registered with us in 2025.

Whether you are a school, a family, business or part of a community group we'd love for you to organise your own Simon Says fundraising activity or event.



Taking part with family, friends, neighbours, work colleagues or sports clubs, will ensure that we can continue to provide support to an individual child or a school community; and educate others – so every child has an opportunity of growing around their grief with hope for the future.

Need help or inspiration then download our **Fundraising Pack from the website!**

## Corporate Support

If you or anyone you know works for a company or organisation that would like to support Simon Says in our anniversary year we'd love to know!

We are planning key events throughout the year, each tailored to a different audience and offering unique partnership opportunities for individuals, businesses and organisations to join us as sponsors.

These events are designed to raise awareness, engage communities and generate vital funds to sustain and grow our services.

To talk about making Simon Says your Charity of the Year, Sponsorship Opportunities or tailor a Partnership Package, please contact: [info@simonsays.org.uk](mailto:info@simonsays.org.uk)



## 2026 Events

Don't forget to keep an eye out for your invite to our anniversary events

**Next Up:**  
**18 April:** Dads and Lads Rugby match.  
Trojans RFC, Eastleigh



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**Simon Says**  
Child Bereavement Support

**SAVE THE DATE**

**COME TO OUR 25<sup>TH</sup> ANNIVERSARY**

**FAMILY FUN DAY**

On Sunday 5<sup>th</sup> July 2026  
at Hursley Park, near Winchester

This will be a ticketed event for Simon Says families past and present. More details to come...

We're excited to share that our annual Family Fun Day is returning this summer, bigger and better than ever to celebrate our 25<sup>th</sup> anniversary.

This year we're not only inviting our wonderful families who currently attend our groups, we're also reaching out to those who used to attend our groups at some point during the last 5 years.

There is a very exciting opportunity to see a real life, hot air (Simon Says) balloon - and a chance to win a ride!

We'd truly love to see you again and share a memorable day together. Expect free, relaxed activities, fun for all ages, and the chance to reconnect with familiar faces.

Look out for an email in the next few weeks giving you details and be sure to respond to save a place for your family. We look forward to seeing as many of you as possible.

If you used to attend our Simon Says groups with your family in the last 5 years and would like to join us on 5th July, please email [info@simonsays.org.uk](mailto:info@simonsays.org.uk) letting us know which group you attended and when, and we can send you more information about ticketing.



## Simon Says 25 Years of Giving Grief a Voice in Hampshire

We want every child to have a safe space to talk openly about their grief, to remember the person who died, and to feel understood.

Please share our 25<sup>th</sup> anniversary fundraising appeal with friends, family, or colleagues to help raise awareness of our work

Your support, whether through donating, sharing our appeal, or simply staying connected with us, helps us continue to be there for bereaved children and young people across Hampshire.



### Need Support? Helpline

Families and professionals can call [023 8064 7550](tel:02380647550) for advice and support Monday to Friday 9:00 AM to 5:00 PM



### How Your Donation Helps

£10 could help provide activity materials for a child at a support group.

£25 could help fund resources for a school supporting a grieving pupil.

£50 could contribute towards running a local support group session for families.

Every contribution, no matter the amount, helps us continue offering free bereavement support to Hampshire children.