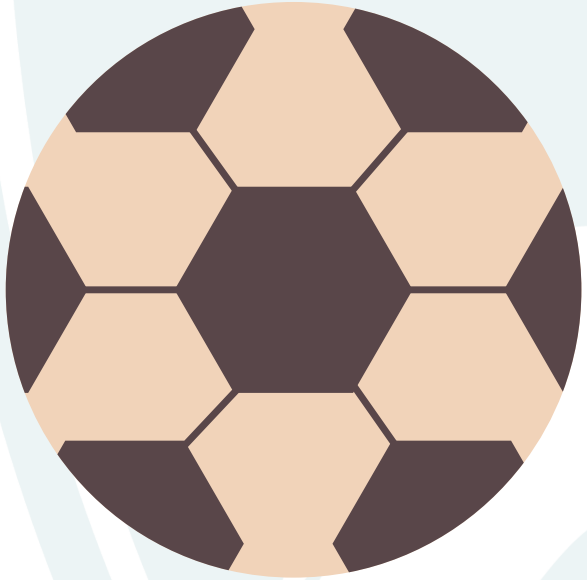
Harrow Way Community School

Learning for life, success for all



KS3 End Points

PHYSICAL EDUCATION

Year 7 and 8 - Foundation Curriculum				
Year 7 and 8	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	Limited technique; struggles with consistency; rarely applies intentional skills in game context.	Demonstrates basic skills with some accuracy; can apply in simple game situations.	Good technical execution; consistent and effective in most game contexts.	High-level technical skill; consistently performs under pressure and in complex scenarios.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	Low endurance; gives up easily; limited physical contribution in lessons. Typically requires a lot of motivation.	Maintains moderate effort; shows occasional independent resilience, usually requires motivating..	High energy levels; pushes through fatigue; shows determination and consistent effort. Usually self-motivated.	Outstanding fitness; mentally and physically resilient; inspires others with intensity. Highly self motivated and motivating of others.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	Makes poor or delayed decisions; unaware of tactics; limited problem-solving.	Shows some awareness of positioning and basic tactical decisions.	Makes effective decisions in most situations; adapts well to game dynamics.	Reads the game quickly; makes smart, strategic choices consistently; leads tactical thinking.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	Poor communication; often disengaged or disruptive; lacks respect for rules/others.	Participates respectfully; understands roles; communicates when prompted.	Positively supports teammates; fulfills roles effectively; communicates clearly.	Outstanding teammate; leads by example; excellent communicator; promotes fairness and safety.

Year 9 - Development Curriculum				
Year 9 Rugby	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	Technique:I can replicate core skills with some control and success in isolated or conditioned practices, but my technique may break down under pressure.	Technique:I can perform most core skills more consistently in practice and start to maintain correct form and control under moderate pressure.	Technique:I perform most core and some advanced skills with good control and consistency, even under moderate to high pressure. My technique is reliable.	Technique:I perform advanced skills fluently and adaptively, even under high pressure. My technique is refined, efficient, and I can model techniques without much guidance.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I tire quickly or lose focus during drills and games.	I remain active and focused for most of the session.	I maintain energy and focus throughout the lesson and contribute consistently.	I show excellent fitness, work rate, and resilience in all activities and games.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I often lose my position or make poor decisions during play.	I understand my role and try to make good decisions.	I adapt decisions based on the situation and show good awareness of team tactics.	I lead tactical play and consistently demonstrate intelligent positioning and strategic choices.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I sometimes argue or struggle to cooperate with teammates.	I usually play fairly and work with others respectfully.	I support teammates, show leadership, and respect all participants.	I lead by example with strong communication, encouragement, and respect for rules and officials.

Year 9 - Development Curriculum				
Year 9 Netball	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle with consistent control, passing, or footwork and often break rules.	I can pass accurately and move with good footwork most of the time.	I show strong control and technique in passing, footwork, and shooting.	I use advanced techniques consistently under pressure and support others.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I lose energy or focus quickly and don't stay involved for long.	I stay active and focused most of the time during games.	I work hard, stay alert, and manage my fitness well throughout lessons.	I show top-level effort and resilience all lesson long, even when tired.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I often forget my role or position and make poor choices in games.	I understand my position and can make decent decisions in play.	I anticipate play, make smart decisions, and help my team tactically.	I lead strategic decisions and understand high-level team roles clearly.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I struggle to work with others and often argue or ignore rules.	I try to cooperate and usually play fairly and respectfully.	I show teamwork, follow rules, and encourage others.	I consistently lead by example with fairness, communication, and respect.

Year 9 - Development Curriculum				
Year 9 Football	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I'm still developing basic football skills and often struggle to stay in control or aim accurately.	I can use most football skills well and apply them with reasonable control in games.	I show strong control and technique, using my skills consistently and effectively.	I consistently use advanced football skills confidently and accurately, even in high-pressure game situations.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I find it hard to stay active and focused throughout the lesson, especially when tired.	I can stay involved and push myself physically and mentally for most of the lesson.	I work hard throughout lessons, keep a strong focus, and manage my effort and emotions well.	I always give maximum physical effort and show excellent mental strength, even under pressure.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I struggle to make the right decisions or to understand my position and role in the game.	I can usually make smart decisions and follow team strategies with some support.	I make quick, smart decisions, think tactically, and adapt well during gameplay.	I show excellent understanding of tactics and always make strong decisions that help my team succeed.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I find it hard to work with teammates or stay respectful during games.	I try to play fairly, respect others, and take part as a team member.	I'm a good communicator, respect the rules, and support my team well.	I'm an excellent team player who leads by example, communicates clearly, and always shows respect and fairness.

Year 9 - Development Curriculum				
Year 9 Badminton	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I'm still learning basic shots and often hit out or miss the shuttle.	I can use most shots with control and some accuracy in rallies.	I use a wide range of shots well and consistently in games.	I consistently choose and perform advanced shots with accuracy, even under pressure.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I get tired or lose focus quickly in rallies and lessons.	I stay active and try to stay focused through most of the session.	I maintain effort, stay focused, and work hard all lesson.	I always show top effort and mental focus, even during long drills or tough games.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I'm unsure when or why to use certain shots.	I usually choose the right shots and positions for the situation.	I make smart decisions, change tactics, and understand when to attack or defend.	I read the game well, outsmart opponents, and make excellent decisions every time.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I find it hard to follow rules or show fair play.	I try to play fairly, show respect, and take turns properly.	I play fairly, encourage others, and respect my opponent's decisions.	I always show great attitude, fairness, and help others understand the game.

Year 9 - Development Curriculum				
Year 9 Hockey	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle with ball control and often use incorrect technique.	I perform basic hockey skills with some consistency under limited pressure.	I show good control and technique across multiple hockey skills in game situations.	I consistently use advanced techniques effectively in competitive play and support teammates in skill development.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I lose focus or energy quickly and drift in and out of play.	I stay active and engaged in most of the session.	I maintain energy and concentration throughout lessons.	I demonstrate excellent endurance, focus, and effort even under pressure or fatigue.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I often forget positions or make poor decisions during attack or defence.	I understand basic roles and try to make smart decisions.	I make effective decisions during gameplay and adapt to the situation.	I lead tactical decision-making and demonstrate an excellent understanding of team roles and structures.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I struggle to work cooperatively and may break rules or argue.	I try to play fairly and usually cooperate with teammates.	I demonstrate respect, support others, and play fairly at all times.	I lead by example, communicate effectively, and promote a positive, respectful team culture.

Year 9 - Development Curriculum				
Year 9 Basketball	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle to perform key basketball skills correctly or under pressure.	I can perform basic skills with some success, but may lack consistency.	I demonstrate good technique and control in most individual skills and apply them in games.	I consistently perform advanced skills with control, precision, and confidence in competitive play.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I tire easily or often lose focus during skill work or games.	I stay active and involved in most activities, maintaining focus.	I work consistently hard throughout lessons, maintaining effort and concentration.	I maintain high energy, focus, and resilience in all drills and competitive play.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I struggle to make quick or effective decisions in games.	I understand basic game roles and attempt smart decisions.	I make good attacking and defensive choices and read the game well.	I lead decisions during play, consistently showing tactical awareness and game intelligence.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I sometimes argue or act inappropriately in competitive situations.	I play fairly and usually cooperate with others.	I consistently show respect, help teammates, and play with integrity.	I lead by example, communicate positively, and create a supportive environment for all players.

Year 9 - Development Curriculum				
Year 9 Cricket	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle to control my batting, bowling, or catching, and often use incorrect technique.	I can perform some basic cricket skills (batting, bowling, or catching) with some success.	I show good control and technique in all three skill areas and apply them well in games.	I consistently perform advanced cricket skills under pressure and help others develop their technique.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I lose focus or energy quickly and often drift out of games or drills.	I stay involved and active for most of the lesson and try to keep focused.	I work hard throughout lessons, stay focused, and manage my energy levels well.	I show excellent fitness and resilience in all lessons, staying highly focused even when tired.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I often forget my fielding position or make poor decisions when batting or bowling.	I understand basic positions and try to make good decisions during play.	I make smart decisions when batting, bowling, and fielding, and adapt to the situation.	I lead tactical decisions confidently and understand high-level roles and strategies in cricket.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I struggle to work well with others and sometimes ignore rules or argue.	I usually cooperate with others and try to play fairly and respectfully.	I show great teamwork, follow rules, and support others on and off the field.	I lead by example with consistent respect, strong communication, and a positive attitude throughout.

Year 9 - Development Curriculum				
Year 9 Rounders	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle to consistently hit, bowl, or field with control or technique.	I can perform some basic rounders skills with success.	I show good technique in key skills and can apply them in games.	I perform with confidence and consistency under pressure and help others improve.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I tire quickly and often lose concentration during drills or games.	I stay engaged and active for most activities.	I work consistently hard and stay focused across the lesson.	I show excellent energy, focus, and resilience in all areas of play.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I forget fielding roles or make poor decisions when batting or fielding.	I understand my position and try to make smart choices.	I make effective decisions in games and adapt based on the situation.	I lead tactical discussions and help others understand their roles and strategies.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I argue or ignore the rules at times and struggle with teamwork.	I play fairly and usually work well with my team.	I communicate clearly and support others respectfully.	I consistently show leadership, fairness, and encourage others positively.

Year 9 - Development Curriculum				
Year 9 Tennis/Short Tennis	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle to control my shots and use incorrect technique.	I can perform basic shots with some control and success.	I use a range of shots with good technique and can rally consistently.	I play with strong technique, timing, and consistency under pressure.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I lose focus or energy quickly and struggle to stay in rallies. I don't really understand the game rules.	I stay engaged and active for most drills and points.	I maintain effort and concentration across lessons and games.	I demonstrate excellent endurance, consistency, and mental focus throughout.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I often make poor shot choices or don’t move effectively on court.	I understand basic positioning and try to choose the right shot.	I make smart decisions and adapt my play based on my opponent.	I lead tactically, adapting quickly and exploiting space effectively.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I sometimes get frustrated or don’ t support fair play. I occasionally cheat in games.	I play fairly and show basic respect to others.	I consistently show a positive attitude, play by the rules, and support others.	I set a strong example of sportsmanship and help peers improve their game.

Year 9 - Development Curriculum				
Year 9 Athletics	**Bronze Not yet at the expected level (Likely lower attainment at KS4)**	**Silver At the expected level (Likely good attainment at KS4)**	**Gold Above the expected level (Likely very good attainment at KS4)**	**Platinum Beyond the expected level (Likely exceptional attainment at KS4)**
SKILL **Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport**	I struggle to perform basic athletic movements effectively or with proper technique.	I can perform basic movements and show developing technique across different areas.	I demonstrate good technique, power, and control in running, jumping, and/or throwing.	I consistently perform with strong technique and efficiency, and help others improve.
STAMINA **Assessment Focus 2 - Maximizing Athletic and Mental Attributes**	I lose focus or energy quickly and struggle to complete events or sustain efforts.	I stay involved in most activities and try to maintain effort.	I work hard throughout and manage my energy well across events.	I show excellent fitness, effort, and mental focus across all performance areas.
STRATEGY **Assessment Focus 3 - Decision Making, Strategies, and Problem Solving**	I find it difficult to manage effort or adjust technique depending on the event.	I am learning how to time or pace my movements more effectively.	I show good awareness of when to push or conserve effort and adapt accordingly.	I lead others in understanding pacing and technique application for different challenges.
SPORTSMANSHIP **Assessment Focus 4 - Collaboration, Safety and Fair Play**	I give up easily or act unsupportively.	I try to improve and support others respectfully.	I work hard, show a positive attitude, and support others' efforts.	I set an example with consistent effort, positive communication, and respect for others' progress.