



Harrow Way
Community School
Learning for life, success for all



KS3 End Points

PHYSICAL EDUCATION

Year 7 and 8 - Foundation Curriculum				
END POINT	Bronze Not yet at the expected level (Likely lower attainment at KS4)	Silver At the expected level (Likely good attainment at KS4)	Gold Above the expected level (Likely very good attainment at KS4)	Platinum Beyond the expected level (Likely exceptional attainment at KS4)
SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	Limited technique; struggles with consistency; rarely applies intentional skills in game context.	Demonstrates basic skills with some accuracy; can apply in simple game situations.	Good technical execution; consistent and effective in most game contexts.	High-level technical skill; consistently performs under pressure and in complex scenarios.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	Low endurance; gives up easily; limited physical contribution in lessons. Typically requires a lot of motivation.	Maintains moderate effort; shows occasional independent resilience, usually requires motivating..	High energy levels; pushes through fatigue; shows determination and consistent effort. Usually self-motivated.	Outstanding fitness; mentally and physically resilient; inspires others with intensity. Highly self motivated and motivating of others.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	Makes poor or delayed decisions; unaware of tactics; limited problem-solving.	Shows some awareness of positioning and basic tactical decisions.	Makes effective decisions in most situations; adapts well to game dynamics.	Reads the game quickly; makes smart, strategic choices consistently; leads tactical thinking.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	Poor communication; often disengaged or disruptive; lacks respect for rules/others.	Participates respectfully; understands roles; communicates when prompted.	Positively supports teammates; fulfills roles effectively; communicates clearly.	Outstanding teammate; leads by example; excellent communicator; promotes fairness and safety.

Year 9 - Development Curriculum				
Assessment Area	Bronze Not yet at the expected level (Likely lower attainment at KS4)	Silver At the expected level (Likely good attainment at KS4)	Gold Above the expected level (Likely very good attainment at KS4)	Platinum Beyond the expected level (Likely exceptional attainment at KS4)
SKILL Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	Technique:I can replicate core skills with some control and success in isolated or conditioned practices, but my technique may break down under pressure.	Technique:I can perform most core skills more consistently in practice and start to maintain correct form and control under moderate pressure.	Technique:I perform most core and some advanced skills with good control and consistency, even under moderate to high pressure. My technique is reliable.	Technique:I perform advanced skills fluently and adaptively, even under high pressure. My technique is refined, efficient, and I can model techniques without much guidance.
STAMINA Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I tire quickly or lose focus during drills and games.	I remain active and focused for most of the session.	I maintain energy and focus throughout the lesson and contribute consistently.	I show excellent fitness, work rate, and resilience in all activities and games.
STRATEGY Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I often lose my position or make poor decisions during play.	I understand my role and try to make good decisions.	I adapt decisions based on the situation and show good awareness of team tactics.	I lead tactical play and consistently demonstrate intelligent positioning and strategic choices.
SPORTSMANSHIP Assessment Focus 4 - Collaboration, Safety and Fair Play	I sometimes argue or struggle to cooperate with teammates.	I usually play fairly and work with others respectfully.	I support teammates, show leadership, and respect all participants.	I lead by example with strong communication, encouragement, and respect for rules and officials.

Year 9 - Development Curriculum

Assessment Area	Bronze Not yet at the expected level (Likely lower attainment at KS4)	Silver At the expected level (Likely good attainment at KS4)	Gold Above the expected level (Likely very good attainment at KS4)	Platinum Beyond the expected level (Likely exceptional attainment at KS4)
SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle with consistent control, passing, or footwork and often break rules.	I can pass accurately and move with good footwork most of the time.	I show strong control and technique in passing, footwork, and shooting.	I use advanced techniques consistently under pressure and support others.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I lose energy or focus quickly and don't stay involved for long.	I stay active and focused most of the time during games.	I work hard, stay alert, and manage my fitness well throughout lessons.	I show top-level effort and resilience all lesson long, even when tired.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I often forget my role or position and make poor choices in games.	I understand my position and can make decent decisions in play.	I anticipate play, make smart decisions, and help my team tactically.	I lead strategic decisions and understand high-level team roles clearly.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I struggle to work with others and often argue or ignore rules.	I try to cooperate and usually play fairly and respectfully.	I show teamwork, follow rules, and encourage others.	I consistently lead by example with fairness, communication, and respect.

Year 9 - Development Curriculum

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I'm still developing basic football skills and often struggle to stay in control or aim accurately.	I can use most football skills well and apply them with reasonable control in games.	I show strong control and technique, using my skills consistently and effectively.	I consistently use advanced football skills confidently and accurately, even in high-pressure game situations.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I find it hard to stay active and focused throughout the lesson, especially when tired.	I can stay involved and push myself physically and mentally for most of the lesson.	I work hard throughout lessons, keep a strong focus, and manage my effort and emotions well.	I always give maximum physical effort and show excellent mental strength, even under pressure.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I struggle to make the right decisions or to understand my position and role in the game.	I can usually make smart decisions and follow team strategies with some support.	I make quick, smart decisions, think tactically, and adapt well during gameplay.	I show excellent understanding of tactics and always make strong decisions that help my team succeed.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I find it hard to work with teammates or stay respectful during games.	I try to play fairly, respect others, and take part as a team member.	I'm a good communicator, respect the rules, and support my team well.	I'm an excellent team player who leads by example, communicates clearly, and always shows respect and fairness.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I'm still learning basic shots and often hit out or miss the shuttle.	I can use most shots with control and some accuracy in rallies.	I use a wide range of shots well and consistently in games.	I consistently choose and perform advanced shots with accuracy, even under pressure.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I get tired or lose focus quickly in rallies and lessons.	I stay active and try to stay focused through most of the session.	I maintain effort, stay focused, and work hard all lesson.	I always show top effort and mental focus, even during long drills or tough games.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I'm unsure when or why to use certain shots.	I usually choose the right shots and positions for the situation.	I make smart decisions, change tactics, and understand when to attack or defend.	I read the game well, outsmart opponents, and make excellent decisions every time.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I find it hard to follow rules or show fair play.	I try to play fairly, show respect, and take turns properly.	I play fairly, encourage others, and respect my opponent's decisions.	I always show great attitude, fairness, and help others understand the game.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle with ball control and often use incorrect technique.	I perform basic hockey skills with some consistency under limited pressure.	I show good control and technique across multiple hockey skills in game situations.	I consistently use advanced techniques effectively in competitive play and support teammates in skill development.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I lose focus or energy quickly and drift in and out of play.	I stay active and engaged in most of the session.	I maintain energy and concentration throughout lessons.	I demonstrate excellent endurance, focus, and effort even under pressure or fatigue.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I often forget positions or make poor decisions during attack or defence.	I understand basic roles and try to make smart decisions.	I make effective decisions during gameplay and adapt to the situation.	I lead tactical decision-making and demonstrate an excellent understanding of team roles and structures.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I struggle to work cooperatively and may break rules or argue.	I try to play fairly and usually cooperate with teammates.	I demonstrate respect, support others, and play fairly at all times.	I lead by example, communicate effectively, and promote a positive, respectful team culture.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle to perform key basketball skills correctly or under pressure.	I can perform basic skills with some success, but may lack consistency.	I demonstrate good technique and control in most individual skills and apply them in games.	I consistently perform advanced skills with control, precision, and confidence in competitive play.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I tire easily or often lose focus during skill work or games.	I stay active and involved in most activities, maintaining focus.	I work consistently hard throughout lessons, maintaining effort and concentration.	I maintain high energy, focus, and resilience in all drills and competitive play.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I struggle to make quick or effective decisions in games.	I understand basic game roles and attempt smart decisions.	I make good attacking and defensive choices and read the game well.	I lead decisions during play, consistently showing tactical awareness and game intelligence.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I sometimes argue or act inappropriately in competitive situations.	I play fairly and usually cooperate with others.	I consistently show respect, help teammates, and play with integrity.	I lead by example, communicate positively, and create a supportive environment for all players.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle to control my batting, bowling, or catching, and often use incorrect technique.	I can perform some basic cricket skills (batting, bowling, or catching) with some success.	I show good control and technique in all three skill areas and apply them well in games.	I consistently perform advanced cricket skills under pressure and help others develop their technique.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I lose focus or energy quickly and often drift out of games or drills.	I stay involved and active for most of the lesson and try to keep focused.	I work hard throughout lessons, stay focused, and manage my energy levels well.	I show excellent fitness and resilience in all lessons, staying highly focused even when tired.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I often forget my fielding position or make poor decisions when batting or bowling.	I understand basic positions and try to make good decisions during play.	I make smart decisions when batting, bowling, and fielding, and adapt to the situation.	I lead tactical decisions confidently and understand high-level roles and strategies in cricket.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I struggle to work well with others and sometimes ignore rules or argue.	I usually cooperate with others and try to play fairly and respectfully.	I show great teamwork, follow rules, and support others on and off the field.	I lead by example with consistent respect, strong communication, and a positive attitude throughout.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle to consistently hit, bowl, or field with control or technique.	I can perform some basic rounders skills with success.	I show good technique in key skills and can apply them in games.	I perform with confidence and consistency under pressure and help others improve.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I tire quickly and often lose concentration during drills or games.	I stay engaged and active for most activities.	I work consistently hard and stay focused across the lesson.	I show excellent energy, focus, and resilience in all areas of play.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I forget fielding roles or make poor decisions when batting or fielding.	I understand my position and try to make smart choices.	I make effective decisions in games and adapt based on the situation.	I lead tactical discussions and help others understand their roles and strategies.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I argue or ignore the rules at times and struggle with teamwork.	I play fairly and usually work well with my team.	I communicate clearly and support others respectfully.	I consistently show leadership, fairness, and encourage others positively.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle to control my shots and use incorrect technique.	I can perform basic shots with some control and success.	I use a range of shots with good technique and can rally consistently.	I play with strong technique, timing, and consistency under pressure.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I lose focus or energy quickly and struggle to stay in rallies. I don't really understand the game rules.	I stay engaged and active for most drills and points.	I maintain effort and concentration across lessons and games.	I demonstrate excellent endurance, consistency, and mental focus throughout.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I often make poor shot choices or don't move effectively on court.	I understand basic positioning and try to choose the right shot.	I make smart decisions and adapt my play based on my opponent.	I lead tactically, adapting quickly and exploiting space effectively.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I sometimes get frustrated or don't support fair play. I occasionally cheat in games.	I play fairly and show basic respect to others.	I consistently show a positive attitude, play by the rules, and support others.	I set a strong example of sportsmanship and help peers improve their game.

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SKILL				
Assessment Focus 1 - Demonstrating Skills in Physical Activity and Sport	I struggle to perform basic athletic movements effectively or with proper technique.	I can perform basic movements and show developing technique across different areas.	I demonstrate good technique, power, and control in running, jumping, and/or throwing.	I consistently perform with strong technique and efficiency, and help others improve.
STAMINA				
Assessment Focus 2 - Maximizing Athletic and Mental Attributes	I lose focus or energy quickly and struggle to complete events or sustain efforts.	I stay involved in most activities and try to maintain effort.	I work hard throughout and manage my energy well across events.	I show excellent fitness, effort, and mental focus across all performance areas.
STRATEGY				
Assessment Focus 3 - Decision Making, Strategies, and Problem Solving	I find it difficult to manage effort or adjust technique depending on the event.	I am learning how to time or pace my movements more effectively.	I show good awareness of when to push or conserve effort and adapt accordingly.	I lead others in understanding pacing and technique application for different challenges.
SPORTSMANSHIP				
Assessment Focus 4 - Collaboration, Safety and Fair Play	I give up easily or act unsupportively.	I try to improve and support others respectfully.	I work hard, show a positive attitude, and support others' efforts.	I set an example with consistent effort, positive communication, and respect for others' progress.