



Harrow Way Community School

Learning for life, success for all

Headteacher: Mrs D L German

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Dear Parent/Carer

School Nursing Team Health Sessions

In recent assemblies, we have been talking about how important it is to look after our mental health and how to take steps to improve our own mood, mind and motivation.

Following on from the assemblies, the School Nursing Team will be at Harrow Way School to offer free health sessions to students and parents on the following Tuesday afternoons:

23rd April, 7th May, 21st May, 4th June, 18th June, 2nd July and 16th July 2024.

Your child can sign up for an appointment with them if they wish to have a chat about any mental health or other health-related concerns. These 20 minute sessions are confidential and will take place in the A Block meeting room. Students need to come directly to me to book an appointment time and will find my office in B Block.

Sessions are also available for parents and carers (timings are 3.00pm - 4.00pm) on a first-come, first-served basis. **However, please phone the Andover and Winchester School Nursing Team on 02382 313092 to book your slot.**

We do hope these sessions will prove helpful to you and your child.

Yours faithfully

Mr Johnathan Mongi
Safeguarding Manager

