

# Year 11 Key Information & Advice

*Please note, some dates may be subject to change*

## **Key Dates**

25th Jan - Year 11 Virtual Consultation Evening  
5th - 23rd Feb 2024 - PPEs (all subject mocks)  
27th Feb- Blood Brothers English Study Visit  
26th June- last day of GCSE exams

## **Advice for Students at Home**

### **Sleep**

Sleep is really important to help regulate our emotions and help cope with stress. Students should be aiming for 8-10 hours of uninterrupted sleep each night. Phones should be out of sight to avoid temptations. Some parents find it helpful to turn the wifi off during sleep hours. Students should establish a routine and stick to this.

### **Food**

Whilst sweets and snacks can be motivating when revising, they do not provide sustainable energy and lead to burn out. Likewise, Red Bull and energy drinks are not advisable. Mr Briggs recommends [dark chocolate](#) as a treat!

### **Revision Plans:**

Our advice to students has been to revise in short bursts and to have a 5 minute break every 25 minutes. Students should try to revise in a quiet area free from distractions (phones, TVs, people, etc). We have a new Y11 study hall in school that students can use if they don't have a space at home. Students should ensure they have an hour relaxing/winding down before going to bed at a suitable time- ideally away from a screen! Some students find it helpful if a copy of their revision timetable is in a central place (eg on the fridge) so that others at home can hold them accountable.

### **More advice**

[NHS](#) - How to help Children with Exam Stress  
[Young Minds](#) - Exam Time Mental Health Support  
[Student Minds](#) - Mental Health Charity  
[The Mix](#) - 1-1 chat service for any worries

Email your child's tutor for any pastoral concerns  
Email your child's subject teacher for any subject queries

## **Subject Specific Dates**

*Please note, dates are provisional and can change*

### **English**

Spoken Language Exams - Feb/March 2024  
Literature Paper 1 - 13th May 2024  
Literature Paper 2 - 20th May 2024  
Language Paper 1 - 23rd May 2024  
Language Paper 2 - 6th June 2024

### **Maths**

Paper 1 - 16th May 2024  
Paper 2 - 3rd June 2024  
Paper 3 - 10th June 2024

### **Science (both Combined and Triple)**

Biology Paper 1 - 10th May 2024  
Chemistry Paper 1 - 17th May 2024  
Physics Paper 1 - 22nd May 2024  
Biology Paper 2 - 7th June 2024  
Chemistry Paper 2 - 11th June 2024  
Physics Paper 2 - 14th June 2024

### **Geography**

Paper 1 - 17th May 2024  
Paper 2 - 5th June 2024  
Paper 3 - 14th June 2024

### **History**

Paper 1 - 15th May 2024  
Paper 2 - 4th June 2024  
Paper 3 - 11th June 2024

### **MFL**

Speaking exams - 29th April- 3rd May 2024  
French Reading & Listening - 14th May 2024  
French Writing - 24th May 2024  
Spanish Reading & Listening - 4th June 2024  
Spanish Writing - 10th June 2024

### **ICT**

60% NEA (coursework) - deadline April 2024  
40% Exam - May 2024  
Cambridge National ICT - 12th Jan 2024  
Computer Science Paper 1 - 15th May 2024  
Computer Science Paper 2 - 21st May 2024  
ICT Paper 1 - 22nd May 2024

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### Dance

Component 2 (NEA) deadline - 1st Dec 2023  
Component 3 day (off timetable) February 2024  
Component 3 performances - 6-8th March 2024  
Component 3 (NEA) deadline - 26th April 2024

### Drama

Component 2 (NEA) deadline - 1st Dec 2023  
Component 3 day (off timetable) February 2024  
Component 3 performances - 6-8th March 2024  
Component 3 (NEA) deadline - 26th April 2024

### Music

Component 1 resits - 1st Dec 2023  
Component 2 (NEA) deadline - 1st Dec 2023  
Component 3 deadline - 1st May 2024  
Support available Tues-Thurs with Mrs Massiah

### Photography

60% NEA (coursework) - deadline WB 4th Dec 2023  
40% Exam - 14 & 18th March 2024 (10 hours)  
Support available Tues-Thurs with Miss Fowler

### Art

60% NEA (coursework) - deadline 6th Dec 2023  
40% Exam - 14 & 18th March 2024 (10 hours)  
Support available Tues-Thurs with Mrs Collins

### GCSE PE

Students who participate in sports outside of school should obtain footage of matches/ competitions/ events and upload the Google Folder.  
30% Practical (3 practical activities (10% each))  
10% NEA (coursework) - deadline Feb 2024  
Paper 1- 22nd May 2024  
Paper 2- 3rd June 2024

### Health & Fitness

60% NEA (coursework) - deadline Jan 2024  
Paper 1 - 4th June 2024

### Media

30% NEA (coursework) - deadline Dec 2023  
Paper 1 - 13th May 2024  
Paper 1 - 20th May 2024

### DT

50% NEA (coursework)- deadline 7th Feb '24  
50% Exam - 18th June 2024  
P6 Opportunity- Tuesday

### Hospitality & Catering

60% NEA (coursework) deadline Dec 2023  
40% Exam - June 2024  
P6 Opportunity- Monday

### Health & Social Care

60% NEA (coursework) - deadline Dec 2024  
40% Exam - 7th May 2024  
P6 Opportunity- Tuesday

### Philosophy

Exam 1; component 1; 9th May 2024  
Exam 2; component 2; 16th May 2024  
Exam 3; component 3; 6th June 2024

### Revision Opportunities

NEA (coursework) subjects have had priority for afterschool support sessions P6) since the beginning of Y11. After Christmas, this priority shifts to exam heavy subjects (English, Maths, Science, Humanities, etc).

Your child should speak to their subject teacher for more information if needed.

We have a Y11 study hall which is open every day from 3-4pm for anyone who needs a quiet space to work or revise.

After Christmas, the PTA will also be running a tuck shop so students can buy snacks to keep them going.