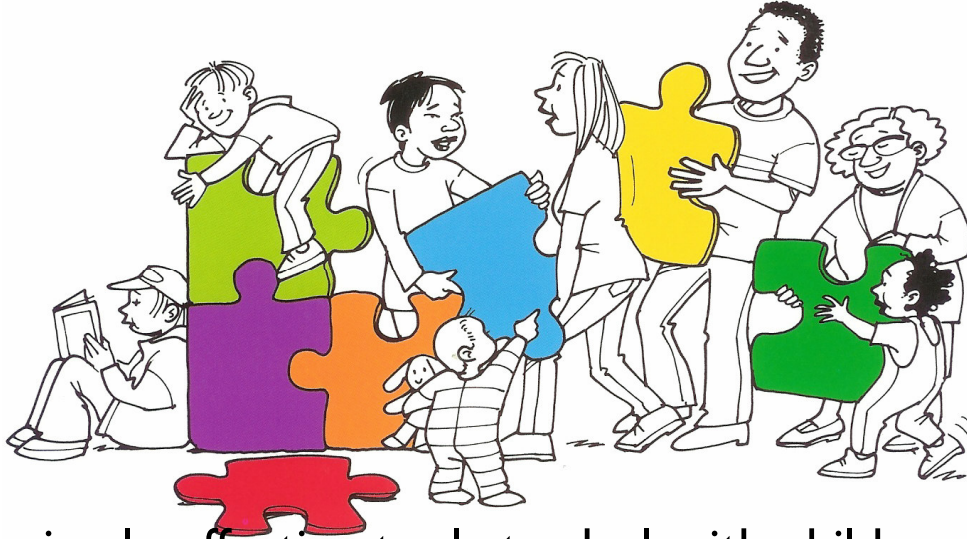


## Two FREE Family Links Nurturing Programmes



Learn simple effective tools to deal with children in positive and effective ways. Understand ways to resolve conflict and effectively manage children's behaviour. Improve family life by building on the skills you already have.

### Evening Course

Starting Tuesday 8 February 2011, 7pm – 9pm  
at Harrow Way Community School, SP10 3RH

### Daytime Course

Starting Tuesday 1 March, 12.30 – 2.30,  
at Spring Meadow Children's Centre, Smannell Road, SP11 6JP.  
(A free crèche will be provided if required and booking is essential)

***These free courses will run for 10 weeks, term time only. Book early to avoid disappointment!!***

*Family Links is a registered charity promoting loving, kind relationships within families, schools, communities and prisons. The Nurturing Programme is based on Four Constructs - self-awareness and self-esteem, appropriate expectations, positive discipline and empathy.*